



Notices for Sunday 4th September 2022

Welcome to the new year!

When I was in the sixth form at school one of the teachers in our general studies class suggested that we keep a list of books that we have read – and it is a habit that I have managed to keep going ever since! Looking back down the list takes me back in time when I read a particular book and the other things that were going on in my life at the same time. Sadly, I do not have much time to read at the moment but I do manage to consume a lot of books through the ears (the Borrowbox service provided by the library is amazing – https://www.cumbria.gov.uk/libraries/online_resources/ebooks_audiobooks.asp - do investigate it if audiobooks are your thing!) and so I now add them to the list too. Rather than put an exact date when I have read a book they are grouped into years – not calendar years but academic years and it is that fact that we are now at the start of a new academic year that reminded me of my list! I have just finished a book and I wasn't sure whether to put it in 2022/23 or 2021/22 – the audiobook was Les Miserables by Victor Hugo – at 65 hours of listening it has occupied a lot of the summer so I have decided it goes into 2021/22. It is a very powerful story with themes of war and peace, courage and deceit, love and forgiveness and the central character Jean Valjean is one of the best examples of the impact of forgiveness and redemption and if you haven't got 65 hours there's always the film or the stage musical! *Anne*

Reading and Reflection for this Week

Luke 14:25-35 (NIV) - The Cost of Being a Disciple

²⁵ Large crowds were travelling with Jesus and turning to them he said: ²⁶ “If anyone comes to me and does not hate father and mother, wife and children, brothers and sisters—yes, even their own life—such a person cannot be my disciple. ²⁷ And whoever does not carry their cross and follow me cannot be my disciple.

²⁸ “Suppose one of you wants to build a tower. Won’t you first sit down and estimate the cost to see if you have enough money to complete it? ²⁹ For if you lay the foundation and are not able to finish it, everyone who sees it will ridicule you, ³⁰ saying, ‘This person began to build and wasn’t able to finish.’

³¹ “Or suppose a king is about to go to war against another king. Won’t he first sit down and consider whether he is able with ten thousand men to oppose the one coming against him with twenty thousand? ³² If he is not able, he will send a delegation while the other is still a long way off and will ask for terms of peace. ³³ In the same way, those of you who do not give up everything you have cannot be my disciples.

³⁴ “Salt is good, but if it loses its saltiness, how can it be made salty again? ³⁵ It is fit neither for the soil nor for the manure pile; it is thrown out.

“Whoever has ears to hear, let them hear.”

Oh my! Not the easiest of passages this Sunday and if I’m honest I was very tempted to choose one of the other lectionary readings like Ps139. However, as Chris Fawcett, the visiting preacher at KLMC last Sunday told us; Love gets the headlines, but the Bible has many other ingredients and instructions for life. Some passages challenge us and rightly so.

So, let’s take a closer look at what we can learn about the challenges and cost of being a disciple of Jesus both then and now. The first thing to note is that Jesus addresses this passage to the whole crowd that are following him. This crowd would have

probably comprised of a mixture of Jews and Gentiles, but background and upbringing are not what qualifies you as a disciple as Jesus is quick to point out.

Being a disciple of Jesus means being prepared to give up everything for a far greater cause.

It is hard to think of a good analogy, but Tom Wright suggests it is as if Jesus is the leader of a great expedition, forging a way through a high and dangerous mountain pass to bring urgent aid to villagers cut off from the rest of the world. Jesus' warning might be something along the lines of; 'If you want to come any further, you'll have to leave your packs behind. From here on the path is too steep to carry all that stuff. You probably won't find it again. And you'd better send your last postcards home; this is a dangerous route and it's very likely that several of us won't make it back.' We might not like the sound of what lies ahead but we can at least make some sense of what is expected of us.

In the passage immediately before this Jesus is at the home of one of the Pharisees and he tells a parable of a man who prepares a great banquet and invites many guests but each in turn makes their excuses; work, family and other commitments. So, he sends his servant out again to invite the poor, the blind and disabled so that his house will be full.

Jesus invites each one of us, but we have a choice to follow or not and in doing so we will need to make sacrifices and we might find our lives turned upside down! This is not a comfortable place to find ourselves, but as Jesus goes on to explain who would start on a project without first counting up the cost. Or go into battle without weighing up the chance of victory.

These illustrations of the building and the battle were particularly poignant to the audience of the day. Herod the Great had begun rebuilding and beautifying The Temple in Jerusalem but Jesus had warned (Luke 13:35) that God had already abandoned His house and we know that it is not long before it is destroyed. Herod's actions and expense are futile and wasted.

The battle that the Jews were waiting for was the one to overthrow the Romans, install Jesus as King and return to the glory days of David's rule but God has a different agenda both then and now, despite our tendency to hang on to the rose tinted past.

So where does all this leave us? Well, I think this passage is a call to take our discipleship seriously. When called into action for Jesus and His Kingdom are we ready? For some reason the last few verses of this chapter in Luke are missed off the lectionary reading but I have included them above because it might help to make sense of this tricky and uncomfortable passage.

We are called to be the 'salt of the earth'. One of the major uses of salt in Biblical times was to preserve food and prevent it from being spoiled. Salt is also vital to life (in small quantities) and used to bring out flavour so if it is no longer salty it won't serve any purpose.

Similarly, as Christians we are called to act to preserve goodness and bring out the best in situations. Interestingly, salt also makes you thirsty and is found in blood, sweat and tears. Perhaps having and creating a thirst for Jesus is part of our calling as well as the inevitable blood, sweat and tears that are part of life.

Finally...Tom Wright's analogy of a great expedition reminds me of some of the epic stories like Lord of the Rings or The Matrix. Maybe the reason that these and other such stories resonate with us is that we too want to be part of something bigger than ourselves. We want our lives to matter. The truth is that we are part of the most incredible story ever told. We do matter and we all have a part to play. So, let's be salty and spice things up a bit!

Juliet Burd, Local Preacher

Prayer Life and Topics

Worthy Lord, you have given us so much to be thankful for. May we share your gifts and our possessions with the mighty and lowly, the grateful and the ungrateful and let all that we do and say be offered to you through meeting the needs of others.

Help our church to respond to the challenges it faces.

Let all those concerned with the buildings be inspired by the light shining through the stained glass, be uplifted by a spire or tower against the sunset and be moved by the stillness of a sacred space. May we value the flowers and the coffee, the sidespeople, the outstretched hand to help communicants and the unsung work of vergers and wardens and stewards. Let us take an interest in what happens in the other churches in our Rainbow Parish and Kendal Circuit and may we work to your praise and glory throughout our lives and across your world. *Amen.*

And please also pray for all our Church families.

Prayer Requests

If you have a prayer request, please let one of the clergy team know by phone or emailing prayer@kl.church the dedicated, confidential prayer email and it will be included in Morning Prayer each day.

Worship

Services for Sunday 4th September 2022

Kirkby Lonsdale Churches

St Joseph's Church	9.00am	Mass
KLMC	10.30am	Morning Service
	7.00pm	Sunday@Seven
St Mary's Church	11.00am	Holy Communion

S@S will be contemporary worship, the spoken word, and refreshments, at 7.00pm. All are welcome.

Other Churches in the Parish and Circuit

St Patrick's Church, Preston Patrick	9.30am	Morning Service
All Saints Church, Lupton	9.30am	Morning Service
St Bartholomew's Ch, Barbon	10.30am	Morning Service

Weekday Services

St Mary's Church	10:30am (Thursday)	Holy Communion
St Joseph's Church	6:30pm (Thursday)	Mass

Online Worship

Sunday

Available from 8:00am: a recorded service from the clergy team and members of the churches is accessible from the [kl.church](#) website or on our [YouTube Channel](#). This service is also available by telephone. Please dial local number 01524 952004.

Weekdays

Each weekday at 8.15am the Clergy meet for Morning Prayer. All welcome. The Zoom link is [here](#). Meeting ID: 236 218 961 Password: 945130. The words are on [kl.church](#).

Coffee, Cake, and Chat via Zoom

Sundays 11.00am

Zoom link is [here](#). Meeting ID: 819 0248 3575 Password: 868713.

Wednesdays 11.15am

Zoom link is [here](#). Meeting ID: 861 5213 0840 Password: 578998.

Community Cupboard & Hub

A food box for donations/uptake of supplies is in St Mary's Church porch. The contact number is the same as the Hub 015242 36404 between 10:00 and 13:00. Website here: <https://klcommunity.co.uk>

Family Project

We are looking for boxes for **Messy Church**. We are seeking large boxes, such as the ones you use for packing up your home when you move house. If you have any, please could you drop them into KLMC on the morning of Thursday 8th September. *Many thanks.*

The last **Fell Pilgrims** meeting for this year will be held on Sunday 25th September.

Keep up to date with us: on our [Facebook Page](#); our [Instagram Page](#); or my [blog](#). *Lol Wood – Family Project Leader*

Other Notices

Confirmation Service

There will be a Confirmation Service with Bishop James Newcombe, the Bishop of Carlisle, on the evening of Sunday 9th October. If you, or anyone you know, would like to consider Confirmation, or just exploring the Christian faith, please get in touch with me as soon as possible. Many thanks – *Anne*
anne@therainbowparish.org Tel: 07973 869475

Simon & Pauline Kaye - Kilimanjaro Summit Challenge

Simon and Pauline are now on their way to Kilimanjaro. To follow their adventure, which is raising money to fund training for medical professionals in Uganda, please follow the link below.
https://drsakaye2013.wordpress.com/2022/08/31/kilimanjaro-2022-the-journey-begins/?fbclid=IwAR10Vsjh6dqiIcdnYfNP3HnK9uGz3qXJnz_1UxSOx3yidnY0iYhuky4-88I

Friends of St Mary's

The Friends of St. Mary's are pleased to invite you to join them for a ***AN EVENING OF LIGHT 'LATE SUMMER' MELODIES*** with Anne Wodeman and friends on Friday 7th October at 7.00 pm. Charge £7.00. Pay on the door.

Wine and soft drinks available, both before the concert and in the interval.

New Autumn Yoga Course

10am Fridays Kirkby Lonsdale Methodist Church Hall

My name is Emma Mizon and I'm assessing interest in a Foundations of Yoga class which is designed for beginners and can be useful to those refreshing/deepening their practice.

Classes support an embodied yoga practice with gentle meditative floor based movement to enable body connection, healing, and deep relaxation 📿❤️. As well as (staged) yoga asana (postures) to build, focus, strength and flexibility. Breathing practice, meditation & deep relaxation are central within classes.

Yoga is suitable for all, and I organise classes to support students' individual needs through staged practice. (Classes are small, caring, supportive ❤️ and not too serious. 😊 There is a questionnaire to fill in before you start to help me tailor practice for you.)

Classes are 90 minutes.

The course will run for 5 weeks, class themes to include...

🌱 Benefits of Yoga

🌿 Letting the Breath find you

🌿 Presence & Attention

🌿 Balancing Strength/firmness with Ease/flexibility (sthira & sukha)

🍁 Practising release, Letting go

I'd love to hear from you and would be honoured to support you and yoga journey. Please contact me via my Facebook page - search @emmamizonyoga (or via email Emma.mizon@gmail.com) and I can answer any questions or organise a call. ❤️ 📿 (

Update – Rev Wendy

Dear friends

Just a quick update on my progress, I have recently had an x-ray which showed the fracture is healing okay and I can now put a little weight (toe touch) through the leg. I can begin to bend the knee and yesterday had my first physio session (ouch!) back at Wrightington. I return to see the Consultant on 5th September and see the Physio again the same day.

Whilst it is a slow process, I do feel I am making progress. After inquiring when I can use crutches the Physio retorted, you can't run before you can walk!!

Many thanks again to you all for your kind prayers and good wishes.

Yours as ever, *Rev Wendy*

Marion Dalgoutte is compiling the notices for September 2022.

Note: All text in **red** is a clickable link. Any comments, items for inclusion or to be sent by post, please email notices@kl.church, or contact Merlin Hibbs 015242 76410, Marion Dalgoutte 015242 71890, or Michael Dugdale 07831837648. Items need to be received by Wednesday for the following week's notice sheet.

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